

## One Mile Rankings by Actual Time

### Heat #1

Place	Name	Time	Age-graded time
1	Linda Wong	6:15	6:13
2	Lara Duke	6:18	6:16
3	Ky Quang	6:20	6:20
4	Kelly Duke	6:26	6:12
5	Rae Gordon	6:29	5:28
6	Stephen Emmerson	6:55	5:50
7	Shelley Webster	7:11	6:21
8	Paul Fenz	7:22	7:03
9	Alex Lau	7:44	6:03
10	Jeff Webster	8:15	6:23
11	Betty Barrett	8:47	8:35
12	Ruth	10:24	8:57

### Heat #2

Place	Name	Time	Age-graded time
1	Garrett Webster	5:00	4:55
2	Daniel Ribí	5:10	5:01
3	Marcus Ribí	5:18	4:58
4	Dario Herrera	5:19	5:16
5	Josh Tanner	5:29	5:26
6	Matt Murdoch	5:29	5:26
7	Rae Barrett	5:35	5:27
8	Carlos Gaspar	5:36	5:05
9	Mark Williams	5:40	5:25
10	Tom Cardle	5:41	5:07
11	Leo Lam	5:54	4:59
12	Tina-Louise Harris	5:58	5:36

## 4 x 440 yd Relay

### Team "A"

Leg	Runner	Exchange Time	Split
1	Rae Gordon	1-13	73
2	Josh Tanner	2-18	65
3	Marcus Ribí	3-23	65
4	Daniel Ribí	4-26	63

### Team "B"

Leg	Runner	Exchange Time	Split
1	Ray Barrett	1-07	67
2	Tom Cardle	2-17	70
3	Leo Lam	3-24	67
4	Dario Herrera	4-28	64

## Age-Graded Mile Times

Place	Name	Time	Age-graded time and %
1	Garrett Webster	5:00	4:55 (76.14%)
2	Marcus Ribí	5:18	4:58 (75.26%)
3	Leo Lam	5:54	4:59 (75.10%)
4	Daniel Ribí	5:10	5:01 (74.67%)
5	Carlos Gaspar	5:36	5:05 (73.55%)
6	Tom Cardle	5:41	5:07 (73.04%)
7	Dario Herrera	5:19	5:16 (71.08%)
8	Mark Williams	5:40	5:25 (69.04%)
9	Josh Tanner	5:29	5:26 (68.90%)
10	Matt Murdoch	5:29	5:26 (68.90%)
11	Rae Barrett	5:35	5:27 (68.62%)
12	Rae Gordon	6:29	5:28 (68.35%)
13	Tina-Louise Harris	5:58	5:36 (74.04%)
14	Stephen Emmerson	6:55	5:50 (64.06%)
15	Alex Lau	7:44	6:03 (61.80%)
16	Kelly Duke	6:26	6:12 (60.39%)
17	Linda Wong	6:15	6:13 (66.84%)
18	Lara Duke	6:18	6:16 (66.31%)
19	Ky Quang	6:20	6:20 (59.27%)
20	Shelley Webster	7:11	6:21 (65.33%)
21	Paul Fenz	7:22	7:03 (53.11%)
22	Jeff Webster	8:15	7:23 (50.71%)
23	Betty Barrett	8:47	8:35 (48.31%)
24	Ruth	10:24	8:57 (46.38%)