

**28th Annual Gunner Shaw 10Km**  
**Saturday December 3, 2011**  
**Jericho Park, Vancouver**

1	Ziak	Jeremiah	M35	Van Running	32:42
2	O'Connor	Kevin	M44	VFAC	33:40
3	Palermo	David	M38	VFAC	34:47
4	McNamara	Paul	M30	Van Running	34:58
5	Nicholson	Drew	M27	VFAC	36:10
6	Nipen	Thomas	M27	Rds + Runners	36:13
7	Heinz	Jonathan	M23		36:33
8	Ribi	Daniel	M19	LGRR	36:44
9	Kovacek	Daniel	M29		36:56
10	Hopwood	Jeremy	M31	Van Running	37:03
11	Moody	Mike	M33	Deerfoot	37:24
12	Christie	Gordon	M50	Prairie Inn H	37:29
13	Donies	Jacek	M34		37:32
14	Knowlton	Richard	M30	Prairie Inn H	37:41
15	Wallace	Noah	M40	Running Room	37:44
16	Lamoureux	Julien	M33		37:45
17	Lloyd	Jonathan	M20	VFAC	37:50
18	Nightingale	Larry	M48	Sunshine Coast	38:01
19	Symon	Stephen	M48		38:09
20	Ryan	Denis	M30		38:11
21	Moon	Mike	M50	Rds + Runners	38:20
22	Ross	Michael	M55	Frontrunners	38:43
23	Young	Barry	M36	VFAC	39:11
24	Atkinson	John	M38	VFAC	39:17
25	Watkins	Catherine	F40	VFAC	39:27
26	Logan	Arniel	M34	VFAC	39:30
27	Fetterly	Ryan	M24	VFAC	39:53
28	Sims	Marten	M31	Wake Project	39:55
29	Smit	Tim H.	M51	Nomads	40:13
30	Siemens	Alexandra	F16	Valley Royals	40:15
31	Friedman	Daniel	M30		40:37
32	Vander Wart	Frank	M45		40:41
33	Clayton	Gillian	F30	Van Running	40:48
34	Erickson	Chris	M44	LGRR	40:50
35	Mihalyi	Devon	F29		40:55
36	Coo	Duncan	M42		40:58
37	Craik	Tom	M38	Salomon	41:14
38	Sessions	Matt	M47	Phoenix	41:18
39	Cuff	Jeremy	M37	Van Running	41:20
40	Bingert	Aidan	M14		41:26

41	Katzman	Ran	M44		41:44
42	Rowat	Mark	M39		41:47
43	Boulton	Chris	M47	Semiahmoo	41:57
44	Standrick	Darbykai	F24		42:02
45	Guest	Wayne	M48		42:04
46	Olson	Ryan	M35	Coastal Track	42:11
47	Russ	Rachel	F37		42:21
48	Fedder	Steven	M44		42:32
49	Bandy	Laura	F25	Van Running	42:37
50	Christie	Juliette	F49	Prairie Inn H	42:38
51	Tanner	Josh	M29	LGRR	42:44
52	Wiens	Justin	M24		42:53
53	Fontaine	Marc	M56	Semiahmoo	42:58
54	Kortje	Connor	M22	LGRR	43:07
55	Nightingale	Teresa	F46	Sunshine Coast	43:12
56	Berry	Tara	F26	VFAC	43:16
57	Willett	Olivia	F12		43:22
58	Stevens	Murray	M58	LGRR	43:36
59	McKibbin	Rene	F44	LGRR	43:38
60	Weekes	Emily	F20	Douglas College	44:00
61	Smith	Phil	M37		44:01
62	Stevens	Gary	M55	LGRR	44:02
63	Willett	Sam	M15		44:22
64	Spencer	Jackie	F30	VFAC	44:28
65	Harris	Graham	M27		44:38
66	Ross	Sarya	F15	Valley Royals	44:50
67	Flett	Gordon	M51	Semiahmoo	44:53
68	Gordon	Rae	M53	LGRR	45:02
69	Taplin	Chris	M26		45:15
70	Wickremasu	Gihan	M38	Kajaks	45:34
71	Kiers	Rachel	F31		45:38
72	Miller	Ron	M64		46:04
73	Tucker	Katrina	F31		46:11
74	Woodside	Alicia	F23	VFAC	46:22
75	Jackman	Frankie	F17	Valley Royals	46:28
76	Safadi	Sue	F29	Van Running	46:37
77	Chew	Kristine	F34		46:50
78	Armstrong	Richard	M51	Phoenix	47:00
79	Lai	Andrew	M49	LGRR	47:07
80	Spence	Lara	F41	LGRR	47:09
81	Watts	Donovan	M35		47:29
82	De Lemos	Jane	F46	VFAC	47:34
83	Hoang	Newton	M32	LGRR	47:35
84	Pellicano	Mark	M45		47:36
85	Pellicano	Linda	F42		47:37
86	McNabb	Stuart	M61	Semiahmoo	47:42

87	Allan	Mac	M44	LGRR	47:47
88	Andade	Karin	F25	NorWesters	47:56
89	Ivanov	Stefan	M46		47:59
90	Chapman	Fred	M34		48:05
91	Hyder	Mark	M59	LGRR	48:15
92	Kucheran	Julianne	F26		48:18
93	Benson	Alan	M58	Semiahmoo	48:28
94	Fefer	Herve	M50		48:32
95	Wood	Paul	M63	Semiahmoo	48:34
96	Makepeace	Dee	F47	Semiahmoo	48:39
97	Fefer	Jacqueline	F49		48:42
98	Ross	Twyla	F44	Valley Royals	48:43
99	Murdoch	Matt	M31	LGRR	48:47
100	Ward	Mike	M54	Semiahmoo	48:57
101	Katzman	Gili	F44		48:59
102	Meehan	James	M55	Valley Royals	49:03
103	Wong	Mildred	M30		49:09
104	Lee	Khai	M35		49:14
105	Yap	Angela	F35	LGRR	49:17
106	Haines	Robert	M61	LGRR	49:22
107	Lang	Peter	M64		49:28
108	Hayley	Karen	F42	Pacific RR	49:57
109	MacDougall	Wayne	M56		50:04
110	Nose	Lance	M55		50:19
111	Bertrand	Julie	F26	LGRR	50:29
112	Madderom	Jake	M67	Kajaks	50:38
113	Romain	Everett	M56		50:40
114	Gingras	Travis	M37	LGRR	51:07
115	Kamiya	Dennis	M65		51:10
116	Austin	Nancy	F40		51:15
117	Choy	Dickson	M38		51:37
118	Cerullo	Antonio	M45	Semiahmoo	51:59
119	Jackish	Ingo	M58	LGRR	52:18
120	Pereira	Sophie	F16		52:33
121	Albrecher	August	M63	Semiahmoo	52:41
122	Makepeace	John	M51	Semiahmoo	54:03
123	Gerard	Sam	M20	LGRR	54:35
124	Lillie	Donna	F57	LGRR	54:46
125	Senkpiel	Peter	M27		54:54
126	Benedetto	Michael	M31	LGRR	54:57
127	Cheung	Jenny	F31	LGRR	54:58
128	Milne	Kate	F43	LGRR	55:09
129	Pereira	Daniel	M51		55:39
130	Gomez	Irma	F39		55:42
131	Rear	Scott	M38		55:45
132	Lavoie	Aline	F62	Semiahmoo	55:51

133	Siemens	Ross	M48	Valley Royals	56:05
134	Hands	Emma	F26		56:12
135	Roufosse	Roger	M77	Semiahmoo	57:05
136	Monkhouse	Neale	M53		57:40
137	Olsen	Amy	F23		57:43
138	Ferguson	Ruby	F57		58:01
139	Baxter	John	M55		58:09
140	Northey	Susan	F47	Valley Royals	58:42
141	Gerow	Glen	M58	Semiahmoo	59:42
142	Craig	John	M34		60:54
143	Karpan	Leah	F32		60:57
144	Morgan	Shonna	F47	Semiahmoo	61:09
145	Thomson	Heather	F39		63:29
146	Kahle	Heather	F31		63:43
147	Van Hove	Shawna	F43		63:44
148	Oddi	Jacquie	F31		65:30
149	Fraser	Don	M63		67:28
150	Gould	Jim	M62		68:23
151	Daniel	Robert	M72		69:11
152	Boxall	Ken	M73		75:01
153	Graham	Carrie	F45	Phoenix	78:47
154	Parry	Sharon	F41	Phoenix	78:48