

LGRR RACE RESULTS July 2002 to October 2002

Name	Time	Place	Division	Overall	Masters Standard			
RHODY RUN 7.6 m, 18 May 2002, Port Townsend WA.								
Paul Wood	0:48:00	6th	50-59	25th				
RUN UNDER THE SUN 8K Trail Run, June 9 2002, Bellingham WA.								
Paul Wood	0:33:00	1st	50-59	11th				
CHUCKANUT FOOTRACE 7m, 13 July 2002, Bellingham WA.								
Paul Wood	0:46:10	5th	50-59	43rd				
2002 Hershey Track Meets- Burnaby Central Track								
Blair Miller	16-Jul	1500 Racewalk		05:58.3	1st			
Carlos Gaspar	16-Jul	800m Run		02:28.6	12th			
Jim Swadling	16-Jul	5000 Run		16:52.4	CDN 55+ record			
Carlos Gaspar	16-Jul	5000 Run		17:44.1	11th			
Robert Haines	16-Jul	5000 Run		19:11.3	14th			
PENTICTON TRIATHLON, 21 July 2002 Penticton (??? finishers)								
Mark Shorter	2:11:58	2nd	45-49	25th				
1.5K Swim	0:24:45			69th				
40 Bike	1:06:52			48th				
10K Run	0:40:21			17th				
SUMMERFAST 10K, 27 July 2002, Vancouver (315 finishers)								
Ken Bell	0:36:42	3rd	45-49	22nd	Silver			
Robert Haines	0:40:19	3rd	50-54	49th	Bronze			
Leo Lam	0:41:26	6th	45-49	66th				
CANMORE 12K TRAIL RACE, 03 Aug 2002, Canmore Alberta								
Paul Wood	1:01:00	2nd	50-59	25th				
SQUAMISH 10K, 4 AUG 2002, Squamish (150 finishers)								
<i>Brent McMahon</i>	0:31:57	4th	20-34	4th	<i>Larry's Son</i>			
Phil Bell	0:39:50	1st	50-54	43rd	Bronze			
Robert Haines	0:39:51	2nd	50-54	44th	Bronze			
Larry McMahon	0:40:04	1st	55-59	46th	Silver			
Neil Wakelin	0:40:47	4th	55-59	58th	Silver			
Greg Brown	0:43:39	8th	40-44	69th				
Robert Gardner	0:46:27	9th	55-59	88th				
DELTA HALF MARATHON, 11 AUG 2002 Delta (492 finishers)								
Jamie McSkimming	1:09:34	1st	40-44	8th				
Joan McGrath	1:21:08	1st	40-44F	13th	1st Female OA			
Jack Miller	1:21:38	1st	55-59	15th				
Roger Brownsey	1:29:05	1st	50-54	36th				
Willi Ribl	1:38:26	10th	45-49	101st				
Martha Sirdevan	1:40:20	7th	25-29	125th				
MARITIME HOSPICE 10K, 24 Aug 2002, Bellingham WA.								
Paul Wood	0:39:59	2nd	50-59	12th	Bronze			

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RAVEN RUN 10K, 19 AUG 2002, BC Interior. (179 finishers)								
Gunner Rasmussen	0:41:17	1st	55-59	13th				
RUN FOR THE FERRY 10K, 25 Aug 2002, Bowen Island (160+ finishers)								
Carlos Gaspar	0:36:25	6th	30-39	13th	Bronze			
Roger Brownsey	0:40:29	1st	50-59	33rd	Silver			
Robert Haines	0:41:25	2nd	50-59	36th	Bronze			
Phil Bell	0:43:24	6th	50-59	48th				
IRONMAN CANADA, 25 AUG 2002 Penticton,BC (1945 finishers)								
Mark Shorter	10:25:54	2nd	45-49	90th				
2.4M SWIM	1:02:17	14th	45-49	312th				
112 M BIKE	5:17:00	3rd	45-49	116th				
26.2M RUN	3:39:35	6th	45-49	147th				
(DAY BEFORE) LABOUR DAY 8K, Sept 1 2002, Steveston (120 finishers)								
Robert Haines	0:32:15	1st	50-59	32nd	Bronze			
Russell Stephens	0:33:40	14th	40-49	47th				
Greg Brown	0:35:24	18th	40-49	58th				
Robert Gardner	0:35:29	6th	50-59	60th				
2002 TIMEX ASICS ROAD RUNNING SERIES FINAL RESULTS								
Robert Haines	210 pts.	1st	50-59	22nd				
Robert Gardner	156 pts.	4th	55-59					
VANCOUVER TRIATHLON, 1 Sept 2002 Vancouver (249 finishers)								
Mark Shorter	2:16:13	3rd	40-49	17th				
1.5K SWIM	0:25:19	14th	40-49	41st				
40K BIKE	1:09:15	12th	40-49	20th				
10K RUN	0:41:40	21st	40-49	13th				
JEANSWEAR WOMEN'S 8K, Sept 8 2002, Vancouver (852 finishers)								
Rene McKibbin	0:31:26	3rd	35-39	5th				
Dorothy Quayle	0:35:53	4th	45-49	22nd	Silver			
Cory Cullen	0:37:43	6th	40-45	30th	Bronze			
Cheryl Steele	0:38:45	8th	35-39	33rd				
Cheryl Steer	0:56:35	61st	25-29	455th	(pregnant)			
Team Division		1st			Congrats!			
FORT EDMONTON 5K, Sept 8 2002, Edmonton (511 finishers)								
Neil Prior	0:16:47	1st	40-49	8th				
COHO RUN 14K, Sept 8 2002, Vancouver (206 finishers)								
Sean Wolfe	0:51:21	1st	40-49	1st	Overall Winner!			
RIVER RUN 1/2 MARATHON, 21 Sept. 2002 BC INT. (179 fin.)								
Gunner Rasmussen	1:27:17	1st	40-49	15th				

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PINETREE X-C 6K CLASSIC, Sept 14 2002, Vancouver (43 finishers)								
Carlos Gaspar	0:20:42	5th	40-44	19th	Master in Nov.			
Jim Swadling	0:20:48	1st	55-59	21st				
Gary Stevens	0:22:06	6th	45-49	27th				
Murray Stevens	0:22:08	7th	45-49	28th				
Roger Brownsey	0:22:32	1st	50-54	30th				
Paul Wood	0:23:00	2nd	50-54	34th				
Robert Haines	0:23:19	3rd	50-54	36th				
GROUSE GRIND 2.9K Climb, Sept 14 2002, Vancouver (556 finishers)								
Carlos Gaspar	0:29:47	2nd	30-39	4th				
Willi Ribi	0:40:14	18th	40-49	94th				
Cheryl Steele	0:41:26	8th	30-39	116th				
BURNABY HEIGHTS 10K, Sept 21 2002, Burnaby (168 finishers)								
Rene McKibbin	0:38:14	2nd	35-39	12	2nd female OA			
SEYMOUR FOREST 1/2 MARATHON, 22 Sept. 2002 N.Van. (154 fin.)								
Mark Shorter	1:26:02	5th	40-49	14th				
Russell Stephens	1:36:08	14th	40-49	42nd				
SEYMOUR FOREST 5K, 22 Sept. 2002 N.Van. (154 finishers)								
Ingo Jackisch	0:19:47	2nd	40-49	12th				
MELISSA'S 10K, 28 Sept. 2002 Banff. (2915 finishers)								
Neil Prior	0:36:38	2nd	40-49	6th	Silver			
SOUTH FRASER X-COUNTRY 8K, 05 Oct. 2002, Vancouver								
Paul Wood	0:33:34	1st	50-54					
KAL PARK X-COUNTRY , 06 Oct. 2002, BC INTERIOR (60 Finishers)								
Kneale Quayle	0:23:12	1st	50-59	14th				
IRON LUNG 20K TRAIL RACE, N Vanc. 12 OCT. 2002, (62 finishers)								
Jim Swadling	1:32:31	1st	40+	1st	OVERALL WINNER!			
VICTORIA 8K, 13 OCT. 2002, (1125 finishers)								
Brent McMahon	0:26:35	2nd	20-24	6th				
Ken Bell	0:28:35	2nd	45-49	15th	Silver			
VICTORIA MARATHON, 13 OCT. 2002, (2583 finishers)								
Joan McGrath	2:48:25	1st	40-44	20th (2nd F)	Gold			
Cory Cullen	3:31:34	20th	40-44	443rd	Silver			
VICTORIA 1/2 MARATHON, 13 OCT. 2002, (2962 finishers)								
Neil Prior	1:17:05	2nd	45-49	15th				

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OKANAGAN MARATHON, 13 OCT. 2002, (767 finishers)								
Neil Wakelin	3:29:56	7th	50-59	127th				
OKANAGAN HALF MARATHON, 3 OCT. 2002, (984 finishers)								
Martha Sirdevan	1:32:56	1st	25-29	177th	4th female			
OKANAGAN 10K, 13 OCT. 2002, (251 finishers)								
Brian McCashin	0:46:59	1st	50-59	25th				
If anyone has any new race results or corrections								
or additions to the above results please contact Frank Stebner								
at (604)687-0932 or fstebner@aol.com								