

LGRR RACE RESULTS March 2002 to July 2002

Name	Time	Place	Division	Overall	Masters Standard			
Hayward Trail 17K, 16 March 2002, (40 finishers)								
Paul Wood	1:31:08	1st	50+	4th				
MASTERS 10.8K CLUB CHALLENGE, 23 MAR 2002, Burnaby (27 finishers)								
Jim Swadling	0:37:50	2nd	2nd Age Graded		82.74%			
Gary Stevens	0:40:42	8th	13th		71.55%			
Mark Shorter	0:41:28	10th	15th		69.69%			
Phil Bell	0:41:59	11th	12th		72.72%			
Murray Stevens	0:43:03	13th	16th		69.22%			
Ingo Jackisch	0:44:47	16th	21st		66.03%			
Robert Haines	0:44:53	17th	17th		67.47%			
Frank Stebner	0:44:54	18th	19th		66.37%			
Leo Lam	0:44:54	19th	23rd		65.36%			
Paul Wong	0:48:28	22nd	24th		63.00%			
Cory Cullen	0:51:31	24th	25th		62.12%			
Cathy Morton	0:52:37	26th	26th		60.31%			
TEAM LGRR-A	3rd	Jim, Gary, Mark, Phil			74.18%			
TEAM LGRR-B	5th	Murray, Robert, Frank, Ingo			67.27%			
TEAM LGRR-C	6th	Leo, Paul, Cory, Cathy			62.69%			
<i>(No free entry next year for LGRR) LGRR was beaten by very fast runners from Pheonix (77.24%) and Kajaks (76.92%)</i>								
NORTH SHORE 5K, 6 April 2002, N.Vancouver (202 finishers)								
Ken Bell	0:16:43	1st	45-49	20th	Gold			
Jim Swadling	0:17:05	1st	55-59	27th	Gold			
Mark Lawrence*	0:18:05	2nd	50-54	48th	Silver			
Phil Bell	0:19:14	3rd	50-54	70th	Bronze			
Robert Haines	0:19:17	4th	50-54	72nd	Bronze			
Ingo Jackisch	0:19:40	9th	45-49	78th	Bronze			
Frank Stebner	0:19:51	12th	45-49	81st	Bronze			
Robert Gardner**	0:21:58	9th	55-59	110th				
<i>*Bonni Walker</i>	<i>0:20:17</i>	<i>1st</i>	<i>50-54</i>	<i>92nd</i>	<i>Gold</i>			
<i>**Cecile Gardner</i>	<i>0:31:57</i>	<i>6th</i>	<i>50-54</i>	<i>186th</i>				
NORTH SHORE 1/2 MARATHON, 6 April 02, N.Vanc. (235 finishers)								
Joan McGrath	1:21:03	1st	40-44	5th				
Neil Wakelin	1:32:06	1st	50-54	36th				
Mark Smith	1:38:27	13th	35-39	78th				
DIEZ VISTA 50K TRAIL RUN, 13 APRIL 2002 (117 FINISHERS)								
Gary Stevens	5:22:54			11th				
Curb Ivanic	5:46:54			19th				
SEATTLE 10K RACEWALK, 22 April 2002, Seattle								
Blair Miller	0:44:03	1st	open					
BC 20K RACEWALK CHAMPS, 5 May 2002, Vancouver								
Blair Miller	1:34:01	1st	open		BC CHAMP.			

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SUN RUN 10K, 21 April 2002, Vancouver (35,000+/- finishers)								
Ken Bell	0:34:11	2nd	45-49	64th	Gold			
Mark Shorter	0:36:04	7th	45-49	119th	Silver			
Jack Miller	0:36:32	1st	55-59	148th	Gold			
Gary Stevens	0:37:50	15th	45-49	262nd	Bronze			
Phil Bell	0:38:48	5th	50-54	196th	Silver			
Ingo Jackisch	0:39:49	27th	45-49	383rd	Bronze			
Paul Wood	0:39:55	10th	50-54	395th	Bronze			
Rene McKibbin	0:40:08	9th	35-39	415th	Gold			
Robert Haines	0:40:24	12th	50-54	444th	Bronze			
Leo Lam	0:41:08	38th	45-49	487th				
Mark Williams	0:43:51	181st	30-34	961st				
Robert Gardner	0:45:01	21st	55-59	1333rd				
Robert Hurdle	0:46:32	64th	50-54	1562nd				
Paul Allen	0:50:12	65th	55-59	3292nd				
Ian Bell	1:02:25	1232nd	25-29	7483rd				
TIMES COLONIST 10K, 28 April 2002, Victoria (3500+/- finishers)								
Ken Bell	0:34:33	1st	45-49	29th	Gold			
Phil Bell	0:40:15	4th	50-54	177th	Bronze			
Robert Haines	0:41:34	10th	50-54	247th	Bronze			
Paul Wood	0:41:41	11th	50-54	253rd	Bronze			
Larry McMahon	0:41:59	12th	50-54	270th	Bronze			
VANCOUVER MARATHON, 5 May 2002, (3791 finishers)								
Joan McGrath	2:48:02	1st	40-44	12th(2nd F)	Gold			
Mark Shorter	2:51:57	2nd	45-49	45th	Silver			
Neil Wakelin	3:30:01	31st	50-54	441st				
HAGGEN TO HAGGEN 5K, 11 May 2002, Bellingham								
Paul Wood	0:18:30	2nd	50-54	28th				
BLOSSOM 10 MILER, 12 May 2002, Penticton (147 finishers)								
Mark Shorter	1:02:22	1st	45-49	5th				
HYAK FESTIVAL 10K 25 May 2002, New Westminster								
Joan McGrath	0:37:11	1st	40-44	1st female	Gold			
Gary Stevens	0:39:30		45-49		Bronze			
Roger Brownsey	0:40:30	1st	50-54		Bronze			
Al Thompson	0:45:00		55-59					
MASTERS MILE, 1st JUNE 2002, WEST VANCOUVER (130 finishers)								
Mark Lawrence*	0:04:59	2nd	50-54	16th				
*Bonni Walker	0:05:39	1st	50-54	54th -4th F				

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VANCOUVER 1/2 MARATHON, 23 June 2002, (1744 finishers)								
Kevin Titus	1:12:07	1st	45-49	9th				
Joan McGrath	1:20:21	1st	40-44	26th(4th F)				
Susan May	3:30:01	30th	45-49	887th				
POST CANADA DAY 10K, 1 July 2002, Vancouver (519 finishers)								
Ken Bell	0:34:57	2nd	45-49	14th	Silver			
Jin Swadling	0:35:52	1st	55-59	19th	Gold			
Joan McGrath	0:36:33	1st	40-44	28th-3rd F	Gold			
Mark Shorter	0:38:07	8th	45-49	46th	Bronze			
Gary Stevens	0:38:21	50th	45-49	10th	Bronze			
Roger Brownsey	0:39:59	1st	50-54	68th	Bronze			
Paul Wood	0:40:13	2nd	50-54	73rd	Bronze			
Ingo Jackisch	0:41:13	14th	45-49	92nd				
Robert Haines	0:41:26	3rd	50-54	96th	Bronze			
Willi Ribl	0:44:14	18th	45-49	133rd				
Robert Gardner	0:46:19	6th	55-59	164th				
<i>*Kristina Wirtanen</i>	<i>0:50:47</i>	<i>3rd</i>	<i>13-18</i>	<i>244th</i>				
Bill Wirtanen*	0:50:54	13th	55-59	245th				
Susan May	0:51:00	4th	45-49	248th				
DEERFOOT 15K, 7 July 2002, Abbotsford								
Ingo Jackisch	1:02:18	9th	40-49	12th				
KNEE KNACKERING 30K, 13 July 2002, North Shore (153 finishers)								
Kevin Titus	5:12:43	1st	40-49	2nd				
Curb Ivanic	5:57:42	10th	under 40	14th				
Neil Wakelin	6:59:04	3rd	50+	51st				
Mark Williams	5:18:24	did 3 of 4 stages		DNF				
2002 Hershey Track Meets- Burnaby Central								
Blair Miller	11-Jun	1500 Racewalk		06:04.8	1st			
Blair Miller	18-Jun	1500 Racewalk		06:51.2	1st			
Neil Wakelin	18-Jun	3000m Run		11:21.8	8th			
Blair Miller	25-Jun	1500 Racewalk		05:57.2	1st			
Jim Swadling	25-Jun	3000 run		0:10:05	2nd			
Blair Miller	2-Jul	1500 Racewalk		05:56.5	1st			
Blair Miller	2-Jul	10,000m run		38:09.4	2nd			
Blair Miller	9-Jul	5000 Racewalk		22:41.1	1st			
Jim Swadling	9-Jul	3000 Run		09:57.8	4th			
Jim Swadling	16-Jul	5000 Run		16:52.0	CDN 55+ record			
SQUAMISH TRIATHLON, 14 July 2002 Squamish (409 finishers)								
Mark Shorter	2:11:58	2nd	45-49	25th				
1.5K Swim	0:24:45			69th				
40 Bike	1:06:52			48th				
10K Run	0:40:21			17th				

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<i>IRONMAN NEW ZEALAND, 03 Mar 2002 New Zealand (879+ finishers)</i>								
<i>Stefan Vogt*</i>	<i>9:52:52</i>		<i>25-29</i>	<i>59th</i>	<i>Stefan is a Berliner</i>			
<i>2.4M SWIM</i>	<i>1:05:56</i>				<i>who ran Klondike</i>			
<i>112 M BIKE</i>	<i>5:24:56</i>				<i>Relay with LGRR</i>			
<i>26.2M RUN</i>	<i>3:15:56</i>				<i>in 1996</i>			