

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
HATLEY CASTLE 8K, 27 Feb 2005, Victoria (447 fin.)					<i>Masters Std.</i>		
Larry McMahon	0:35:18	7th	55-59	111th	<i>Bronze</i>		
BAZAN BAY 5K, 13 March 2005, Victoria (682 fin.)					<i>Masters Std.</i>		
Larry McMahon	0:20:23	8th	55-59	161st	<i>Bronze</i>		
St. Patrick's Day 5K, 13 March 2005, (352 fin.)					<i>Masters Std.</i>		
Andy Ito	0:18:16		25-29	9th			
Ingo Jackisch	0:19:53		50-54	23rd	<i>Bronze</i>		
Linda Wong	0:21:50		25-29	49th			
Bill Wirtanen	0:23:04		60-64	70th			
Kristina Wirtanen	0:24:01			81st	<i>Bill's daughter</i>		
DIVAS ON THE RUN 8K, 20 March 2005, Vancouver (240 fin.)					<i>Masters Std.</i>		
Linda Wong	0:37:43	4th	19-29	18th			
Cathy Morton	0:38:51	7th	40-49	22nd	<i>Bronze</i>		
SPRING RUN-OFF 10K, 20 March 2005, Kamloops (157 fin.)					<i>Masters Std.</i>		
Nick Stark	0:39:12	1st	55-59	15th	<i>Silver</i>		
Phil Bell	0:41:29	2nd	55-59	30th	<i>Bronze</i>		
Robert Haines	0:42:58	4th	55-59	36th	<i>Bronze</i>		
Hans Fenz	0:47:15	1st	65-59	69th	<i>Bronze</i>		
VIKE AEROMOTIVE RIVER RUN 20M, 27 Mar. 2005, Kamloops (18 fin.)							
Jack Miller	2:08:01	1st	60-64	1st	<i>Overall winner</i>		
VIKE AEROMOTIVE Half Marathon, 27 Mar. 2005, Kamloops (45 fin.)							
Sean Wolfe	1:22:22	1st	45-49	1st	<i>Overall winner</i>		
SPRING FORWARD 5K, 2 April 2005, Vancouver (253 fin.)					<i>Masters Std.</i>		
Darryl Whitney	0:16:36	8th	20-34	13th			
Nick Stark	0:19:04	1st	55-59	48th	<i>Silver</i>		
Horace Chow	0:19:24	21st	20-34	52nd			
Andy Ito	0:19:47	23rd	20-34	59th			
Phil Bell	0:19:59	4th	55-59	63rd	<i>Silver</i>		
Roger Brownsey	0:20:11	5th	55-59	67th	<i>Bronze</i>		
Robert Haines	0:20:21	3rd	50-54	71st	<i>Bronze</i>		
Harry Brastianos	0:20:44	26th	20-34	78th			
Jeanne Kim	0:21:08	7th	20-34	84th			
Paul Newton	0:22:09	29th	20-34	108th			
Han Fenz	0:22:27	2nd	65-69	114th	<i>Silver</i>		
Linda Wong	0:23:35	9th	20-34	116th			
Daniel Ribí	0:23:45	7th	0-19	142nd			
Marcus Ribí	0:24:47	10th	0-19	157th			
SUNSHINE COAST HALF MARATHON, 3 April 2005, Gibsons (386 fin.)							
Rene McKibbin	1:26:58	1st	30-39	12th			
Neil Wakelin	1:29:49	2nd	55-59	21st			
Sara Bucovaz	1:33:37	3rd	20-29	36th			

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
SPRING AHEAD HALF MARATHON, 3 April 2005, Mission (125 fin.)							
Andy Ito	1:32:28	1st	25-29	12th			
FLORA LONDON MARATHON, 17 April 2005, Gibsons (fin.)							
Jack Miller	2:55:41	1st	60-64	785th	<i>Masters Std.</i>		
					<i>Gold</i>		
BOSTON MARATHON, 18 April 2005, Vancouver (20,000 +/- finishers)							
John Moe (Gold Std.)	2:50:22	2nd	50-54	249th	<i>Net 2:50:12</i>		
Sean Wolfe (Silver Std.)	2:53:38	57th	45-49	348th	<i>Net 2:53:35</i>		
Christine Blanchette (Brnz)	3:41:43	585th	35-39	5156	<i>Net 3:37:45</i>		
VANCOUVER SUN RUN 10K, 17 April. 2005, Vancouver (40,000+/- fin.)							
Richard Mosely	0:29:39	1st	19-24	3rd	<i>Masters Std.</i>		
Darryl Whitney	0:33:36	11th	19-24	48th	<i>Jim's son.</i>		
Mark Francis	0:36:39	16th	40-44	131st	<i>Silver</i>		
Tom Cardle	0:37:13	19th	40-44	158th	<i>Silver</i>		
Mark Shorter	0:37:50	16th	45-49	196th	<i>Silver</i>		
Andy Ito	0:38:35	43rd	25-29	241st			
Murray Stevens	0:38:38	6th	50-54	244th	<i>Silver</i>		
Gary Stevens	0:38:42	18th	45-49	254th	<i>Bronze</i>		
Horace Chow	0:38:42	35th	19-24	255th			
Jim Mosley	0:39:55	4th	55-59	376th	<i>Silver</i>		
Phil Bell	0:40:05	5th	55-59	402nd			
Mark Lawrence	0:40:06	6th	55-59	404th	<i>Silver</i>		
Roger Brownsey	0:40:20	7th	55-59	437th	<i>Silver</i>		
Leo Lam	0:40:42	18th	50-54	473rd	<i>Bronze</i>		
Jeanne Kim	0:42:37	21st	30-34	829th			
Willi Ribl	0:42:54	46th	50-54	885th			
Harry Brastianos	0:43:23	133rd	25-29	1004th			
Frank Stebner	0:45:07	67th	50-54	1532nd			
Paul Newton	0:45:10	234th	30-34	1552nd			
Allan Solk	0:45:20	7th	60-64	1604th	<i>Bronze</i>		
Robert Gardner	0:46:09	48th	55-59	1911th			
Linda Wong	0:46:43	46th	25-29	2139th			
Kristina Wirtanen	0:47:29	16th	16-18	2418	<i>Bill's Daughter</i>		
Stephanie Keane	0:50:30	129th	30-34	3939th			
Geoffrey Buttner	0:50:41	438th	40-44	4066th			
Alex Lau	1:14:26	596th	55-59	21682			
YALETOWN MILE, 23 April. 2005, Vancouver (57 finishers)							
Linda Wong	0:06:31	3rd	20-29	9th Fem.			
BIG SUR MARATHON, 24 April 2005, Big Sur California							
Mark Shorter	2:56:26	3rd	45-49	18th	<i>Masters Std.</i>		
					<i>Silver</i>		
TIMES COLONIST 10K, 24 April. 2005, Vancouver (8701 finishers)							
Phil Bell	0:39:37	3rd	55-59	173rd	<i>Masters Std.</i>		
Roger Brownsey	0:40:21	4th	55-59	205th	<i>Silver</i>		
Larry McMahon	0:42:29	9th	55-59	330th	<i>Bronze</i>		

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
OCEANSIDE 10K, 1 May 2005, Victoria (446 fin.)					<i>Masters Std.</i>		
Larry McMahon	0:43:01	5th	55-59	92nd	<i>Bronze</i>		
VANCOUVER INT'L MARATHON, 1 May 2005, Vancouver (4201 finishers)							
Mark Francis	2:55:44	4th	40-44	35th	<i>Silver</i>		
Mark Shorter	2:57:38	5th	45-49	48th	<i>Silver</i>		
Neil Wakelin	3:50:59	27th	55-59	1082nd			
VANCOUVER INT'L HALF MARATHON, 1 May 2005, Vancouver (6607 finishers)							
Rene McKibbin	1:27:56	3rd	35-39	35th			
Horace Chow	1:29:26	9th	20-24	91st			
Al Thompson	1:50:10	25th	55-59	1117th			
Paul Allen	2:07:31	29th	60-64	3158			
5 PEAKS-GOLDEN EARS 14K, 07 May 2005, Vancouver (185 fin.)							
Carlos Gaspar	1:07:44	1st	40-49	7th			
MOTHER'S DAY 8K, 07 May 2005, Vancouver (172 finishers)					<i>Masters Std.</i>		
Darryl Whitney	0:27:19	2nd	20-29	6th			
Andy Ito	0:30:15	4th	20-29	19th			
Roger Brownsey	0:32:00	2nd	55-59	25th	<i>Silver</i>		
Robert Haines	0:32:50	2nd	50-54	35th	<i>Bronze</i>		
Mark Hyder	0:33:36	4th	50-54	42nd			
Hans Fenz	0:35:41	3rd	65-69	57th	<i>Silver</i>		
Linda Wong	0:35:55	3rd	20-29	59th			
Stephanie Keane	0:40:01	4th	30-34	92nd			
BLOSSOM 10 MILER, 08 May 2005, Penticton (175 finishers)							
Mark Shorter	1:07:25	3rd	45-49	15th			
ENVISION RUN FOR MOM (5m), 08 May 2005, Chilliwack (267 fin.)							
Nel Wakelin	0:33:34	1st	40-49	7th			
SUNFLOWER IRON, 09 May 2005, Washington State (189 finishers)							
Bob Gardner	3:30:14		50-59	79th			
RHYTHM OF LIFE 10K, 15 May 2005, (122 finishers)							
Andy Ito	0:43:57		25-29	6th			
Linda Wong	0:47:44		25-29		<i>First Female</i>		
RHODY RUN 12K, 22 May 2005, (? finishers)							
Carlos Gaspar	0:44:48	4th	40-44	19th			
Jin Swadling	0:47:55	2nd	55-59	35th			
Rene McKibbin	0:49:11	3rd	35-39	43rd			
Roger Brownsey	0:50:24	5th	55-59	57th			
Al Thompson	0:55:14	10th	55-59	121st			
NORTH SHORE TRIATHLON, 23 May 2005, N. Vancouver (374 fin.)							
Cheryl Steele	1:16:14	4th	40-44	128th			
Swim 740m	0:38:23			131st			
Bike 20K	0:52:22			129th			
Run 5K	0:23:52			161st			

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
RUNNING ROOM SHAUGHNESSY 8K, 29 May 2005, Vancouver (414 finishers)							
Daryll Whitney	0:27:10	2nd	20-24	9th			
Mark Francis	0:28:45	3rd	40-44	19th	<i>Silver</i>		
Horace Chow	0:31:12	6th	20-24	39th			
Nick Stark	0:31:14	2nd	55-59	40th	<i>Silver</i>		
Mark Shorter	0:31:43	5th	45-49	45th	<i>Bronze</i>		
Leo Lam	0:33:27	3rd	50-54	61st	<i>Bronze</i>		
Willi Ribí	0:33:56	5th	50-54	74th			
Jeanne Kim	0:34:38	2nd	30-34	86th			
Linda Wong	0:36:45	4th	25-29	125th			
Paul Newton	0:37:00	12th	30-34	131st			
Hans Fenz	0:37:33	3rd	65-69	137th	<i>Silver</i>		
Robert Gardner	0:38:16	11th	55-59	159th			
Daniel Ribí	0:39:25	7th	0-19	177th			
Marcus Ribí	0:39:29	8th	0-19	178th			
NORTH SHORE TRIATHLON, 23 May 2005, N. Vancouver (374 fin.)							
Cheryl Steele	1:16:14	4th	40-44	128th			
Swim 740m	0:38:23			131st			
Bike 20K	0:52:22			129th			
Run 5K	0:23:52			161st			
VISTAS RUN 10K, 29 May 2005, (175 finishers)							
Cathy Morton	0:50:59	2nd	40-49	37th			
David Stone	0:55:04	9th	50-59	60th			
HALF KNACKER 25K, 29 May 2005, (344 finishers)							
Kevin Titus	1:39:49	1st	40-49	5th			
Sean Wolfe	1:47:08	2nd	40-49	14th			
AMBLESIDE MASTERS MILE, 04 June 2005, (141 finishers)							
Mark Francis	0:04:50	3rd	40-44	9th			
Leo Lam	0:05:29	5th	50-54	31st			
SANDCASTLE 10K, 5 June 2005, White Rock (351 finishers)							
					<i>Masters Std.</i>		
Nick Stark	0:39:39	2nd	55-59	37th	<i>Silver</i>		
Sara Bucovaz	0:41:07	1st	25-29	50th			
Robert Haines	0:41:49	4th	50-54	60th	<i>Bronze</i>		
Hans Fenz	0:44:54	1st	65-69	93rd	<i>Silver</i>		
Linda Wong	0:45:58	4th	25-29	104th			
Al Thompson	0:46:02	6th	55-59	106th			
OLIVER HALF IRONMAN, 5 June 2005, Oliver, BC (416 finishers)							
Mark Shorter	5:07:00	2nd	45-49	51st			
Swim 2K	0:36:40			72nd			
Bike 92K	3:39:16			70th			
Run 21.1K	1:38:01			42nd			
Cheryl Steele	5:57:46	10th	40-44	212th			
Swim 2K	0:38:35			164th			
Bike 92K	3:24:32			281st			
Run 21.1K	1:54:30			160th			

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
LONGEST DAY 5K, 17 June 2005, Vancouver (236 finishers)					<i>Masters Std.</i>		
Darryl Whitney	0:16:07	4th	OM	4th			
Nick Stark	0:18:19	12th	MM	44th	<i>Gold</i>		
Jim Swadling	0:18:22	13th	MM	45th	<i>Gold</i>		
Harry Brastianos	0:19:28	52nd	OM	61st			
Phil Bell	0:19:46	24th	MM	69th	<i>Silver</i>		
Sara Bucovaz	0:19:56	12th	OW	72nd			
Willi Ribí	0:20:02	29th	MM	77th	<i>Bronze</i>		
Jeanne Kim	0:20:34	17th	OW	93rd			
Paul Newton	0:21:35	85th	OM	105th			
Linda Wong	0:21:37	21st	OW	106th			
Daniel Ribí	0:23:36	8th	0-16	142nd			
Robert Haines	0:23:59	53rd	MM	145th			
Marcus Ribí	0:24:20	9th	0-16	152nd			
JACK & JILL 5K, 12 June 2005, Vancouver (141 finishers)							
Linda Wong	0:21:10	1st	25-29	9th			
LONGEST DAY 10K, 17 June 2005, Vancouver (154 finishers)							
Robert Gardner	0:44:57		MM	35th			
Al Thompson	0:45:07		MM	36th			
RUN THE SUN 5 MILER, 18 June 2005, Vancouver (48 finishers)							
Hans Fenz	0:38:56	1st	60+	7th			
CONQUER THE POINT 5K, 25 June 2005, Vancouver (48 finishers)							
Linda Wong	0:22:30	1st	25-29	14th			
SCOTIABANK VANCOUVER HALF MARATHON, 26 June 2005, Vancouver (3024 fin.)							
Al Thompson	1:38:23	9th	25-29	312th			
POST TO POST CANADA DAY 10K, 01 July 2005, Vancouver (692 finishers)							
Darryl Whitney	0:34:28	2nd	19-24	11th			
Mark Francis	0:35:37	4th	40-44	24th	<i>Silver</i>		
Mark Shorter	0:38:21	4th	45-49	45th	<i>Silver</i>		
Jim Swadling	0:38:47	1st	55-59	50th	<i>Bronze</i>		
Horace Chow	0:38:57	8th	19-24	55th			
Mark Williams	0:38:59	13th	35-39	58th	<i>Bronze</i>		
Murray Stevens	0:40:03	3rd	50-54	71st	<i>Bronze</i>		
Gary Stevens	0:40:16	7th	45-49	75th	<i>Bronze</i>		
Leo Lam	0:41:10	4th	50-54	88th	<i>Bronze</i>		
Sara Bucovaz	0:41:51	2nd	25-29	97th			
Neil Wakelin	0:42:08	3rd	55-59	100th	<i>Bronze</i>		
Harry Brastianos	0:42:28	10th	25-29	105th			
Robert Haines	0:44:39	13th	50-54	158th			
Alan Thompson	0:44:57	6th	55-59	162nd			
Hans Fenz	0:45:35	2nd	65-69	173rd	<i>Silver</i>		
Linda Wong	0:45:46	4th	25-29	177th			
Robert Gardner	0:45:54	7th	55-59	179th			
Greg Brown	0:46:46	28th	45-49	196th			

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
PITT MEADOWS 7K, 01 July 2005, Pitt Meadows (326 finishers)							
Ken Bell	0:26:17	1st	40-49	1st			
Cathy Morton	0:35:18	2nd	40-49	66th			
GOLDEN SPIKE 10K, 3 July 2005, (82 finishers)							
Cathy Morton	0:51:03	7th	35-49	29th			
David Stone	0:51:48	5th	50-59	30th	<i>Cathy's Hubby</i>		
HALF KNACKER NORTH SHORE 50K, 9 July 2005, North Shore (183 finishers)							
Neil Wakelin	7:16:20	7th	50-59	79th			
MIDSUMMER 8K, 10 July 2005, Kelowna (177 finishers)							
					<i>Masters Std.</i>		
Carlos Gaspar	0:28:49	4th	40-44	10th	<i>Silver</i>		
Robert Haines	0:34:38	2nd	55-59	52nd	<i>Bronze</i>		
Hans Fenz	0:36:22	2nd	65-59	72nd	<i>Bronze</i>		
Linda Wong	0:36:37	4th	20-29	75th			
CHUCKANUT 7M FOOTRACE, 9 July 2005, Bellingham WA. (460 finishers)							
Frank Stebner	0:54:35		50-54	122nd			
Al Thompson	0:55:46		55-59	143rd			
SQUAMISH TRIATHLON, 10 July 2005, Squamish, BC (328 finishers)							
Mark Shorter	2:15:39	1st	45-49	20th			
Swim 1.5K	0:25:17			67th			
Bike 40K	1:08:22			29th			
Run 10K	0:42:01			18th			
Cheryl Steele	2:33:31	2nd	40-44	114th			
Swim 1.5K	0:27:07			111th			
Bike 40K	1:15:09			120th			
Run 10K	0:51:05			130th			
BURNCO CALGARY MARATHON, 10 July 2005, Calgary (859 finishers)							
					<i>Masters Std.</i>		
Christine Blanchette	3:43:33	5th	35-39	204th	<i>Bronze</i>		
BURNCO CALGARY HALF MARATHON, 10 July 2005, Calgary (859 finishers)							
Bob Gardner	1:43:10	6th	55-59	186th			
PEACH CLASSIC TRIATHLON, 17 July 2005, Okanagan, BC (353 finishers)							
Mark Shorter	2:22:09	4th	45-49	55th			
Swim 1.5K	0:24:39			115th			
Bike 40K	1:15:47			67th			
Run 10K	0:41:44			35th			
5 PEAKS-MT. SEYMOUR 5K TRAIL RUN, 23 July 2005, (118 fn.)							
Darryl Whitney	0:27:20	1st	20-29	2nd			
5 PEAKS-MT. SEYMOUR 10K TRAIL RUN, 23 July 2005, (176 fn.)							
Sean Wolfe	1:01:53	1st	40-49	7th			

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
CAVALCADE MILE, 22 July 2005, Gibsons (26 finishers)							
Phil Bell	0:05:27	1st	55-59	6th			
SUMMERFAST 10K, 22 July 2005, Kelowna (318 finishers) <i>Masters Std.</i>							
Andy Ito	0:38:16	6th	20-29	29th			
Roger Brownsey	0:40:44	1st	55-59	52nd	<i>Bronze</i>		
Sara Bucovaz	0:41:15	4th	20-29	60th			
Robert Haines	0:42:25	7th	50-54	73rd	<i>Bronze</i>		
Linda Wong	0:45:11	8th	20-29	112th			
Han Fenz	0:45:21	1st	65-69	114th	<i>Silver</i>		
Frank Stebner	0:46:48	14th	50-54	131st			
DANSKIN FOR THE HEART, 24 July 2005, (48 finishers) <i>Masters Std.</i>							
Linda Wong	0:23:45	6th	20-29	4th			
SQUAMISH DAYS 10K, 31 July 2005, (150 finishers) <i>Masters Std.</i>							
Darryl Whitney	0:34:49	7th	20-34	7th			
Carlos Gaspar	0:36:20	2nd	40-44	12th	<i>Silver</i>		
Roger Brownsey	0:40:54	1st	55-59	41st	<i>Bronze</i>		
Leo Lam	0:41:18	1st	50-54	45th	<i>Bronze</i>		
Sara Bucovaz	0:41:52	5th	20-34	49th			
Robert Haines	0:42:56	4th	50-54	59th	<i>Bronze</i>		
Willi Ribbi	0:44:00	6th	50-54	65th			
Hans Fenz	0:45:39	1st	65-69	76th	<i>Silver</i>		
Daniel Ribbi	0:48:56	3rd	0-19	100th			
Marcus Ribbi	0:49:28	4th	0-19	104th			
MIRACLE MILE, 05 Aug. 2005, Vancouver (27 finishers)							
Tom Cardle	0:05:07			3rd			
Carlos Gaspar	0:05:19			4th			
Jim Swadling	0:05:36			5th			
Mark Shorter	0:05:42			6th			
Leo Lam	0:05:48			7th			
Phil Bell	0:05:50			8th			
Sara Bucovaz	0:05:53			9th			
Roger Brownsey	0:05:54			11th			
Robert Haines	0:06:00			13th			
Kelly Duke	0:06:04			14th			
Rae Gordon	0:06:14			15th			
Linda Wong	0:06:31			18th			
Christine Blanchette	0:06:36			19th			
Hans Fenz	0:06:50			21st			
Geoffrey Buttner	0:07:19			22nd			
Paul Fenz	0:07:26			23rd			
Alex Lau	0:07:48			25th			
Ed MacDonald	0:09:47			26th			
Bob Paul	0:10:40			27th			
DEERFOOT 10K, 06 Aug. 2005, (37 finishers)							
Mark Hyder	0:47:11	4th	40-49	12th			

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

Name	Time	Place	Division	Overall			
CUTTTHROAT CLASSIC 8K, 30 Aug 2005, Washington State (259 fin.)							
Bob Gardner	1:51:08		50-59	98th			
LABOUR DAY CLASSIC 8K, 04 Sept 2005, (293 fin.) <i>Masters Std.</i>							
Darryl Whitney	0:27:12	2nd	20-24	8th			
Andy Ito	0:30:19	4th	25-29	33rd			
Roger Brownsey	0:32:09	2d	55-59	50th	<i>Silver</i>		
Sara Bucovaz	0:32:55	3rd	25-29	58th			
Ingo Jackisch	0:32:57	5th	50-54	61st	<i>Bronze</i>		
Rae Gordon	0:33:10	6th	50-54	64th	<i>Bronze</i>		
Nick Stark	0:33:25	5th	55-59	68th	<i>Bronze</i>		
Jeanne Kim	0:33:26	1st	30-34	70th			
Mark Hyder	0:33:37	8th	50-54	72nd			
Robert Haines	0:34:05	7th	55-59	78th	<i>Bronze</i>		
Linda Wong	0:35:38	5th	25-29	95th			
Hans Fenz	0:35:46	2nd	65-59	97th	<i>silver</i>		
Al Thompson	0:35:48	8th	55-59	98th			
LOOP THE LAKES 15K, 11 Sept 2005, (41 finishers.) <i>Masters Std.</i>							
Sean Wolfe	1:05:17	1st	40-49	1st	Overall winner		
BURNABY HEIGHTS 10K, 17 Sept 2005, (107 finishers.) <i>Masters Std.</i>							
Andy Ito	0:39:15	1st	20-29	7th			
Linda Wong	0:46:58	1st	20-29	24th			
PINETREE CLASSIC 5K X-COUNTRY, 17 Sept 2005, (57 finishers.) <i>Masters Std.</i>							
Darryl Whitney	0:16:11	3rd	20-24	5th			
Carlos Gaspar	0:16:40	2nd	40-44	9th			
Gary Stevens	0:17:45	5th	45-49	15th			
Jim Swadling	0:17:50	1st	55-59	16th			
Murray Stevens	0:18:19	1st	50-54	18th			
Rae Gordon	0:18:51	2nd	50-54	19th			
Ingo Jackisch	0:19:22	4th	50-54	23rd			
Mark Hyder	0:19:36	6th	50-54	25th			
Robert Haines	0:20:59	3rd	55-59	38th			
Hans Fenz	0:21:04	2nd	65-69	39th			
2005 Hershey Track Meets- Burnaby Central Track							
Tom Cardle	19-Jul	800m		0:02:16	7th		
Tom Cardle	2-Aug	1500m		0:04:37	4th		
Tom Cardle	9-Aug	800		0:02:17	1st		
Carlos Gaspar	12-Jul	400m		0:01:09	<i>5th</i>		
Darryl Whitney	12-Jul	5000m		0:16:41	<i>2nd</i>		
TREES FOR LIFE 10K 25 Sept 2005, (110 finishers.) <i>Masters Std.</i>							
Mark Hyder	0:20:53	2nd	50-59	10th	<i>Bronze</i>		
Linda Wong	0:22:00	1st	20-29	15th			
Cathy Morton	0:24:34	4th	40-49	30th			

LIONS GATE RACE RESULTS March 2005 to Sept. 2005

2005 TIMEX SERIES - FINAL RESULTS					OA M/F		
Darryl Whitney	190 pts.	1st	20-24	10 races	8th		
Sara Bucovaz	165 pts.	2nd	25-29	8 races	10th		
Linda Wong	132 pts.	4th	25-29	11 races	28th		
Jeanne Kim	175 pts.	2nd	30-34	9 races	16th		
Daniel Ribí	77 pts.	3rd	0-19	5 races			
Marcus Ribí	75 pts.	4th	0-19	6 races			
Andy Ito	121 pts.	3rd	25-29	8 races	27th		
Nick Stark	186 pts.	1st	55-59	7 races	26th		
Roger Brownsey	164 pts.	2nd	55-59	8 races	30th		
Robert Haines	141 pts.	3rd	55-59	12 races			
Hans Fenz	195 pts.	2nd	65-59	12 races			
ROTARY HALF MARATHON, 25 Sept 2005, (104 finishers.)					<i>Masters Std.</i>		
Andy Ito	1:20:46	1st	20-29	4th			
GROUSE GRIND 25 Sept 2005, N Vanc. (480 finishers.)					<i>Masters Std.</i>		
Morgn Titus	0:27:07	2nd	19-29	2nd	Kevin's son		
Joren Titus	0:29:35	5th	19-29	6th	Kevin's son		
Kevin Titus	0:31:04	10th	40-49	1st			
Willi Ribí	0:37:51	3rd	50-54	62nd			
Marcus Ribí	0:40:39	4th	0-13	104th	Willi's son		
Corrections or additions to the above results please contact Frank Stebner at (604) 687-0932 or fstebner@shaw.ca							
MASTERS STANDARDS							
Women's 5K Road Run				Men's 5K Road Run			
Women	Gold	Silver	Bronze	Men	Gold	Silver	Bronze
W35	19:05	20:49	22:33	M35	15:40	17:05	18:31
W40	19:32	21:19	23:05	M40	16:16	17:44	19:13
W45	20:00	21:49	23:38	M45	16:53	18:25	19:57
W50	21:01	23:03	24:58	M50	17:16	18:50	20:24
W55	22:28	24:31	26:34	M55	18:24	20:04	21:45
W60	23:46	25:55	28:05	M60	18:49	20:32	22:14
W65	25:42	28:02	30:22	M65	20:32	22:24	24:16
W70	28:57	31:35	34:13	M70	21:46	23:45	25:43
W75	32:42	35:40	38:39	M75	24:36	26:50	29:04
W80	36:56	40:17	43:39	M80	28:02	30:35	33:08
Women's 8K Road Run				Men's 8K Road Run			
Women	Gold	Silver	Bronze	Men	Gold	Silver	Bronze
W40	32:33	35:30	38:28	M40	26:50	29:16	31:43
W45	33:22	36:24	39:25	M45	27:32	30:02	32:32
W50	34:23	37:34	40:42	M50	28:17	30:51	33:26
W55	36:35	39:54	43:14	M55	29:50	32:32	35:16
W60	38:41	42:12	45:43	M60	30:47	33:34	36:22
W65	42:05	45:55	49:45	M65	34:13	37:19	40:26
W70	48:31	52:56	57:21	M70	35:41	38:55	42:09
W75	54:44	59:42	1:04:41	M75	40:12	43:52	47:31
W80	58:30	1:03:49	1:09:08	M80	45:23	49:31	53:39

