

**LGRR RACE RESULTS October 2002 to March 2003**

Name	Time	Place	Division	Overall	Masters Standard			
<b>TURKEY TROT 10K, 14 Oct. 2002, Vancouver (1221 finishers)</b>								
Nick Stark	0:38:05	1st	50+	14th	Silver			
Gunner Rasmussen	0:39:52	2nd	50+	44th	Silver			
Robert Haines	0:41:11	4th	50+	56th	Bronze			
Paul Polizzi	0:41:45	28th	30-39	70th				
Al Watts	0:47:31	14th	50+	196th				
Rene McKibbin	0:50:52	42nd	30-39	311th				
Paul Allen	0:56:42	39th	50+	569th				
<b>RICHMOND FLATLANDS 10K, 20 Oct. 2002, Vancouver (551 finishers)</b>								
Jim Swadling	0:35:46	1st	55-59	23rd	Gold			
Rene McKibbin	0:39:05	2nd	35-39	67th	Gold			
Robert Haines	0:40:29	2nd	50-54	89th	Silver			
Lary McMahan	0:41:59	3rd	50-54	108th	Bronze			
Willi Ribl	0:43:21	6th	50-54	134th				
Mark Delivuk	0:46:24	24th	40-44	186th				
Paul Allen	0:52:18	16th	55-59	305th				
<b>CUNNINGHAM SEAWALL RACE 5.9M, 27 Oct 2002, (1122 finishers)</b>								
Joan McGrath	0:34:56	1st	40-49	21st	1st female			
Gunner Rasmussen	0:37:40	3rd	50-59	67th				
Leo Lam	0:43:18	63rd	40-49	223rd				
Robert Gardner	0:43:18	23rd	50-59	227th				
<b>HANEY TO HARRISON RELAY- Nov. 2, 2002, Haney (356 Teams)</b>								
<b>100K</b>	Time	Cat. place	Categ.	overall	Team place OA			
LGRR Masters Men 40+A	6:13:28	1st	mm40+A	6th				
LGRR Masters Men 50+A	6:49:06	1st	mm50+	15th				
LGRR Open Men	7:08:10	10th	open men	30th	Most Improved			
LGRR Masters Men 40+B	7:42:00	3rd	mm40+	65th				
LGRR Open Women	7:29:37	6th	Open wom.	82nd				
LGRR Masters Men 50+B	7:55:18	5th	mm50+	87th				
<b>STAGE 1- 9.48K (5.89 M)</b>		Cat. place	Categ.	overall	Team place OA			
John Moe	0:35:01	1st	mm40+A	6th	6th team/1st master			
Neil Wakelin	0:39:48	1st	mm50+A	22nd	22nd			
Martha Sirdevan	0:41:03	4th	open Women	32nd	32nd			
Alan Solk	0:42:27	3rd	mm50+B	49th	49th			
Russell Stephens	0:42:47	11th	open Men	52nd	52nd			
Mark Delivuk	0:46:00	3rd	mm40+ B	97th	97th			
<b>STAGE 2- 13.54K (8.41 M)</b>		Cat. place	Categ.	overall	Team place OA			
Kevin Titus	0:47:44	1st	mm40+A	3rd	6th			
Mark Francis	0:48:43	5th	Open Men	8th	12th			
Kneale Quayle	0:57:09	1st	mm50+A	44th	21st			
Paul Wong	1:04:18	3rd	mm40+B	146th	112th			
Al Watts	1:05:23	5th	mm50+B	168th	89th			
Tawna Morgan	1:08:58	10th	Open Women	214th	110th			

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<b>STAGE 3- 15.12K (9.40 M)</b>		Cat. place	Categ.	overall	Team place OA			
Jim Swadling	0:57:52	1st	mm50+A	14th	16th			
Sean Wolfe	0:58:25	2nd	mm40+A	19th	6th			
Rene McKibbin	1:04:31	3rd	Open Women	62nd	75th			
Ingo Jackisch	1:05:18	3rd	mm40+B	72nd	84th			
Willi Ribl	1:08:52	4th	mm50+B	121st	89th			
Paul Polizzi	1:09:18	10th	open men	133rd	29th			
<i>Lisa Polizzi</i>	<i>1:03:01</i>	<i>2nd</i>	<i>open women</i>	<i>47th</i>	<i>Paul's wife</i>			
<b>STAGE 4-12.51K (7.77 M)</b>		Cat. place	Categ.	overall	Team place OA			
Mark Shorter	0:48:36	2nd	mm40+A	10th	7th			
Gary Stevens	0:49:51	3rd	mm40+B	15th	45th			
Robert Haines	0:53:28	1st	mm50+A	42nd	20th			
Gerhard Ronner	0:57:17	3rd	mm50+B	76th	76th			
Paul Fenz	0:58:40	10th	open men	100th	35th			
Cheryl Steele	1:00:46	8th	open women	129th	81st			
<b>STAGE 5-14.89K (9.25 M)</b>		Cat. place	Categ.	overall	Team place			
Ken Bell	0:53:19	2nd	mm40+A	6th	6th			
Nick Stark	0:58:43	1st	mm50+A	19th	18th			
Al Sherwood	1:03:10	10th	open Men	48th	36th			
Frank Stebner	1:10:20	3rd	mm 40+B	115th	54th			
Cory Cullen	1:11:40	7th	open women	131st	82nd			
Brian McCashin	1:14:47	5th	mm50+A	176th	90th			
<b>STAGE 6-13.03K (8.10 M)</b>		Cat. place	Categ.	overall	Team place OA			
Jamie McSkimming	0:49:50	1st	mm40+A	7th	6th			
Paul Wood	0:54:38	1st	mm50+A	18th	16th			
Mark Williams	0:56:49	9th	open men	27th	33rd			
Leo Lam	0:59:13	3rd	mm40+B	49th	47th			
Sara Bucovaz	1:04:58	7th	open women	94th	79th			
Robert Hurdle	1:02:50	8th	mm50+B	122nd	85th			
<b>STAGE 7-13.42K (8.34 M)</b>		Cat. place	Categ.	overall	Team place OA			
Neil Prior	0:49:54	1st	mm40+A	6th	6th / 1st master			
Blair Miller	0:53:31	7th	open men	23rd	30th			
Roger Brownsey	0:54:36	1st	mm50+A	35th	18th			
Christine Blanchette	0:59:29	5th	open women	102nd	77th			
Robert Gardner	1:03:28	4th	mm50+B	178th	91st			
Greg Brown	1:03:53	3rd	mm40+B	190th	55th			
<b>STAGE 8- 8K (4.97 M)</b>		Cat. place	Categ.	overall	Team place OA			
Murray Stevens	0:30:39	1st	mm40+A	12th	6th			
Phil Bell	0:32:52	1st	mm50+A	25th	15th			
Egan Wong	0:35:11	10th	open men	45th	30th			
Bill Wirtanen	0:38:06	4th	mm50+B	99th	87th			
Paul Allen	0:43:07	3rd	mm40+B	196th	65th			
Christina Brock	0:45:02	11th	open women	233rd	82nd			

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<b>SOUTH FRASER X-COUNTRY 8K, 5 Oct. 2002, Vancouver</b>								
Paul Wood	9:35:00	1st	50-59					
<b>IRONMAN HAWAII, 12 Oct 2002 Kona, Hawaii (1360+ finishers)</b>								
<b>Mark Shorter</b>	11:24:56	57th	45-49	895th				
2.4M SWIM	1:19:15		45-49	1100th				
112 M BIKE	5:58:06		45-49	912th				
26.2M RUN	4:22:11		45-49	837th				
<b>NORWESTERS X-COUNTRY 10K, 19 Oct. 2002, Rice Lake N.Vanc.</b>								
Roger Brownsey	0:42:01	3rd	20-85	3rd				
<b>BC MASTERS X-COUNTRY CHAMPS (8K) 26 Oct 02 Coquitlam (29 fin.)</b>								
Kevin Titus	0:28:28	1st	45-49					
Jim Swadling	0:30:56	1st	55-59					
Roger Brownsey	0:34:04	2nd	50-54					
Paul Wood	0:35:03	3rd	50-54					
Ingo Jackisch	0:36:09	10th	45-49					
<i>Morgan Titus 6.8K</i>	<i>0:21:48</i>	<i>3rd</i>	<i>18-19</i>		<i>Kevin's son</i>			
<i>Joren Titus 6.8K</i>	<i>0:23:07</i>	<i>5th</i>	<i>18-19</i>		<i>Kevin's son</i>			
<b>PEACE ARCH 5K, 20 Oct. 2002, Vancouver (116 finishers)</b>								
Paul Wood	0:18:32	1st	50+	7th				
<b>AARC FOREST X-COUNTRY 10K, 10 Nov. 2002, Maple Ridge (35 fin.)</b>								
Jim Swadling	0:42:01	1st	50-59	5th				
Paul Wood	0:47:18	2nd	50-59	12th				
<b>MASTERS 8K X-COUNTRY, 11 Nov. 2002, Stanley Park (103 finishers)</b>								
Sean Wolfe	0:29:04	1st	40-44	3rd				
Joan McGrath	0:29:52	2nd	40-44	9th				
John Moe	0:30:21	7th	45-49	12th				
Mark Shorter	0:31:05	9th	45-49	15th				
Murray Stevens	0:31:17	10th	45-49	17th				
Jim Swadling	0:31:34	1st	55-59	20th				
Gary Stevens	0:31:51	11th	45-49	21st				
Paul Wood	0:32:34	2nd	50-54	24th				
Ingo Jackisch	0:32:50	13th	50-54	26th				
<i>Robert Haines</i>	<i>0:33:28</i>	<i>4th</i>	<i>50-54</i>	<i>30th</i>				
Neil Wakelin	0:35:04	4th	55-59	37th				
Robert Gardner	0:36:16	7th	55-59	46th				
Frank Stebner	0:36:34	7th	50-54	48th				
Peter Jensen	0:37:29	9th	55-59	55th				
Al Watts	0:37:39	10th	55-59	56th				
Dermot Kerins	0:47:41	10th	60-64	87th				
Bob Paul	0:52:38	3rd	70-74	96th				
<i>Team LGRR</i>	<i>2nd</i>	<i>Sean Wolfe, Joan McGrath, John Moe, Mark Shorter</i>						
		<i>Murray Stevens</i>						

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Name	Time	Place	Division	Overall	Masters Standard			
<b>CRESCENT PARK X-COUNTRY 8.25K, 16 Nov 02, White Rock (50 fin.)</b>								
Paul Wood	0:33:10	1st	50-59	15th				
Roger Brownsey	0:33:24	2nd	50-59	16th				
<b>GO WIRELESS 10K, 17 Nov 2002, UBC (1155 finishers)</b>								
Kevin Titus	0:33:07	1st	40-49	2nd	Gold			
Mark Francis	0:34:37	3rd	30-39	8th	Silver			
Sean Wolfe	0:35:40	3rd	40-49	11th	Silver			
<i>Lisa Polizzi</i>	<i>0:39:41</i>	<i>1st</i>	<i>30-39</i>	<i>33rd</i>				
Paul Polizzi	0:43:17	37th	30-39	110th				
<b>GO WIRELESS 4.8K, 17 Nov 2002, UBC (314 finishers)</b>								
Willi Ribí	0:19:13	3rd	50-59	13th				
Dermot Kerins	0:24:58	3rd	60-69	55th				
Daniel Ribí	0:25:45	14	under 20	66th				
<b>GO WIRELESS1/2 Marathon, 17 Nov 2002, UBC (373 finishers)</b>								
Joan McGrath	1:20:03	1st	40-49	5th	1st female			
Rene McKibbin	1:26:56	1st	30-39	17th	3rd female			
<b>GUNNAR SHAW VICTORIA 10K, 30 Nov 02, Victoria (252 finishers)</b>								
<i>Brent McMahon</i>	<i>0:33:01</i>	<i>3rd</i>	<i>20-29</i>	<i>3rd</i>	<i>Larry's son</i>			
Murray Stevens	0:39:03	5th	40-49	32nd				
Roger Brownsey	0:41:19	4th	50-59	53rd				
Paul Wood	0:43:01	8th	50-59	69th				
Larry McMahon	0:43:15	9th	50-59	74th				
<b>SEATTLE MARATHON, 02 December 02, Seattle (2530 finishers)</b>								
Joan McGrath	2:51:15	1st	40-49	1st female	Gold			
Neil Wakelin	3:24:54	4th	55-59	193rd male	Bronze			
Martha Sirdevan	3:28:37	8th	25-29	28th female				
Cheryl Steele	4:09:39	37th	35-39	243rd female				
<b>GUNNER SHAW 10K, 07 Dec 02, Vancouver (105 finishers)</b>								
John Moe	0:35:38	1st	45-49	9th	Silver			
Gary Stevens	0:37:45	4th	45-49	21st	Silver			
Murray Stevens	0:37:49	5th	45-49	22nd	Bronze			
Paul Wood	0:39:58	1st	50-54	31st	Bronze			
Willi Ribí	0:40:56	2nd	50-54	34th	Bronze			
Christine Blanchette	0:43:13	1st	35-39	49th	Silver			
Paul Fenz	0:44:53	7th	30-34	55th				
Robert Gardner	0:45:27	5th	55-59	57th				
Hans Fenz	0:45:42	2nd	65+	58th	Silver			
Peter Jensen	0:46:12	6th	55-59	62nd				
Sara Bucovaz	0:47:13	1st	20-24	39th				
Dermot Kerins	0:56:09	8th	60-64	83rd				

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<b>CDN MASTERS X- COUNTRY CHAMPS 8K, 30 Nov 02, Moncton,NB</b>					
Kevin Titus	0:26:34	1st	45-49	2nd	
<b>HONOLULU MARATHON, 08 Dec 2002, (26,477 finishers)</b>					
Mark Shorter	2:53:18	2nd	45-49	79th	Silver
<i>Frank Shorter</i>	<i>3:22:54</i>	<i>18th</i>	<i>55-59</i>	<i>517th</i>	<i>Mark's brother?</i>
Warren Campbell	4:50:25	612th	50-54	7485th	
<b>PRR Cross Country 10K, 15 Dec 2002, N.Vancouver (75 finishers)</b>					
Jim Swadling	0:35:40	1st	50-59	11th	
Paul Wood	0:38:04	2nd	50-59	19th	
Christine Blanchette	0:42:57	1st	30-39	42nd	
<b>2002 CROSS COUNTRY SERIES STANDINGS (final)</b>					
Jim Swadling	5 races	1st	50-59	40 pts.	
Paul Wood	8 races	2nd	50-59	36 pts.	
Roger Brownsey	5 races	3rd	50-59	33 pts.	
<b>HARRIERS PIONEER 8K, 20 Jan 2003 2003, Victoria (651 finishers)</b>					
<i>Brent McMahon</i>	<i>0:25:53</i>	<i>1st</i>	<i>20-24</i>	<i>3rd</i>	<i>Larry's son</i>
Larry McMahon	0:34:16	10th	50-54	161st	
<b>NOOKACHAMPS HALF MARATHON, 20 Jan 03, Mt Vernon (323 finishers)</b>					
Paul Wood	1:46:56	3rd	55-59	149th	
<b>LAS VEGAS MARATHON, 02 Feb 03, Las Vegas (2530 finishers)</b>					
Neil Wakelin	3:22:10		50-59	149th	Bronze
<b>LAS VEGAS HALF MARATHON, 02 Feb 03, Las Vegas (3701 finishers)</b>					
Janet Anderson	ask Janet	134th	40-44	2030th	
<b>ICEBREAKER 8K, 2 Feb 2003, Steveston (252 finishers)</b>					
John Moe	0:28:46	3rd	45-49	23rd	Silver
Ingo Jackisch	0:30:28	8th	45-49	40th	Bronze
Nick Stark	0:30:43	1st	50-54	42nd	Silver
Lisa Polizza	0:31:00	1st	30-34	46th	Paul's wife
Paul Wood	0:31:27	2nd	50-54	52nd	Bronze
Willi Ribl	0:31:56	4th	50-54	56th	Bronze
Christine Blanchette	0:34:33	3rd	35-39	95th	
Greg Brown	0:36:11		40-44	113th	
Al Thompson	0:37:05		55-59	122nd	
Bill Wirtanen	0:38:08		55-59	133rd	
<i>Daniel Ribl</i>	<i>0:40:21</i>		<i>M-15</i>	<i>151st</i>	<i>Willi's son</i>

